

### LIGHT WEIGH-VEGREVILLE

God has the answers for weight, food struggle and all temptations! (Light Weigh One King/Light Weigh) is a 12 week Catholic Bible Study DVD program recommended by priests, doctors, nurses & Prevention Magazine for weight-loss and Health. There are no weigh-ins. The program is based on scripture.

After completing the Light Weigh program with priests from his area, Archbishop Joseph Naumann (the Archbishop of Kansas City where the program originates from) stated, "it is fascinating how frequently the Bible speaks about food. It was, after all, one of the ways in which the devil tempted Jesus after his 40 days of fasting."

Yes...Light Weigh is still alive and well at St. Martin of Tours! Eating your favourite foods while learning to lose weight and attending a small faith based bible study can be done together! If you are interested in finding out how you can get healthy physically and grow spiritually, join us at the next Orientation on Wednesday October 19, 2016 at 7:00pm in St. Anne's Room. For more information contact Hedi Sokalski at 780-658-2478.

### CHESTERTON HOUSE-MUNDARE

Catholic Singles at Chesterton House, Sunday October 16, 3:00pm. Prayer, Reading and Discussion, followed by Potluck supper and social. Are you in your twenties/early thirties, looking to meet like-minded, practicing Catholics (or know someone)? Friendship and Faith-make this the season to see these things grow in your life! RSVP [chestertonhousemcdonald@gmail.com](mailto:chestertonhousemcdonald@gmail.com). Blog: <https://chestertonhouse.wordpress.com/>

Also **33 Days to Merciful Love** at Chesterton House is a Do-It-Yourself Retreat in Preparation for Consecration to Divine Mercy. The sessions are at 7:00-9:00pm beginning Oct. 13, 20, 28, and Nov. 3, 10, and 17. Books are available at \$22.00 each. DVD presentation followed by inspirational discussion and spiritual formation. RSVP: [chestertonhousemcdonald@gmail.com](mailto:chestertonhousemcdonald@gmail.com).

### SPECIAL OCCASION



Is anyone in the parish's of St. Martin of Tours-Vegreville, Holy Heart of Mary-Viking or St. Gregory The Great-Holden celebrating their 25<sup>th</sup> or 50<sup>th</sup> Wedding anniversary? If so, could you let the Parish office know by calling 780-632-3272 of this special occasion as soon as possible.

### VEGREVILLE YOUTH GROUP NEWS

Friday November 4, 2016- 5:30pm-7:30pm Come early and participate in some awesome adoration time before the reposition at 5:00pm  
Sunday November 20, 2016 5:30-7:30pm

Youth group is open for any youth grades 6-12. Direct any questions to Caron Berube at [caronberube@hotmail.com](mailto:caronberube@hotmail.com).

# Roman Catholic Churches of St. Martin of Tours Holy Heart of Mary and St. Gregory

**Pastor: Fr. Luan Vu**

Secretaries: Denise Komick

**Office Hours: Monday, Tuesday, Wednesday, Friday  
9:30am to 3:30pm**

**Thursday: 1:00pm to 4:00pm**

**In case of an emergency please contact the office  
780-632-3272 or after hours call 780-632-7454.**

### St. Martin of Tours

5437 43 Street  
Vegreville, AB T9C 1C8  
Phone: (780) 632-3272  
Toll free: (866) 632-3272  
Fax: (780) 632-3303  
**Website:** [stmartintours.caedm.ca](http://stmartintours.caedm.ca)  
**Email:** [StMartinTours.Vegreville@caedm.ca](mailto:StMartinTours.Vegreville@caedm.ca)

### Weekend Mass Times:

Saturday: 4:30 pm  
1<sup>st</sup> & 3<sup>rd</sup> Sunday: 9:00am  
2<sup>nd</sup> & 4<sup>th</sup> Sunday: 11:15am  
5<sup>th</sup> Sunday: 11:15am

### Weekday\* Mass Times:

Tuesday: 9:00am  
St. Joseph's Hospital  
Wednesday: 9:00 am  
\*may change, please check monthly calendars

### Sacrament of Reconciliation

Saturday 3:45 pm or by appointment.

### Children's Liturgy

During Sunday Mass, except July and August.

### Adoration of the Blessed Sacrament and Sacrament of Reconciliation

1<sup>st</sup> Friday of each month

### Holy Heart of Mary

5208 54 Avenue  
Viking, AB T0B 4N0  
Phone: (780) 336-3382  
Email: [hmary@telus.net](mailto:hmary@telus.net)

### Weekend Mass Times:

2<sup>nd</sup> & 4<sup>th</sup> Saturday: 6:30pm  
1<sup>st</sup> & 3<sup>rd</sup> Sunday: 11:15 am  
5<sup>th</sup> Sunday: 9:00am

### Weekday\* Mass Times:

2<sup>nd</sup> and 3<sup>rd</sup> Thursday/Lodges

### St. Gregory

4824 49 Avenue  
Holden, AB T0B 2C0  
Phone: (780)688-2465

### Weekend Mass Times:

1<sup>st</sup> & 3<sup>rd</sup> Saturday: 6:30 pm  
2<sup>nd</sup> & 4<sup>th</sup> Sunday: 9:00 am  
5<sup>th</sup> Saturday: 6:30 pm

### Weekday\* Mass Times:

2<sup>nd</sup> Tuesday 2pm at Lodge

### Mass and Adoration of the Blessed Sacrament and Sacrament of Reconciliation

1<sup>st</sup> Thursday 4:00pm

## OCTOBER 16, 2016

### 29<sup>TH</sup> SUNDAY IN ORDINARY TIME

Our faith is strengthened by our prayerful expressions of gratitude and supplication.

Our prayer grows our faith. Since childhood, the word of God and the Body of Christ nourished our faith.

Like the staff of Moses, we carry the Lord in our hearts and ponder his wonderful ability to defeat the challenges that confront us. Our constant response to this great mercy should always be in our hearts and on our lips.

**\*Week-day mass times may change, please check the bulletin or the monthly calendar**



If you are new to our parishes please fill out a **New Parishioner Form**.

**We continue to pray for:** the needs of all parishioners of St. Martin of Tours, Holy Heart Of Mary and St. Gregory The Great and especially the aging, the elderly, the sick and the suffering, may they have faith and trust in Christ's healing mercy.

**This Week's mass Intentions**

Sat. Oct. 15, 6:30pm-Holden: Lucia Sorbora  
Sun. Oct. 16, 11:15am-Viking: Lucia Sorbora  
Sat. Oct. 22, 4:30pm-Vegreville: Leo Lessard Jr.  
Sun. Oct. 23 11:15am-Vegreville: Marian Osko

**And continue to pray for** the Holy perseverance of the Seminarians in our Archdiocese

**Let us remember in our prayers, our priests who have died during the month of October.**

**MASS SCHEDULE**

**VEGREVILLE, St. Martin of Tours**

**Saturday October 22 2016      Mass 4:30pm**

**Sunday October 23, 2016      Mass 11:15am**

**VIKING, Holy Heart of Mary**

**Saturday October 22, 2016      Mass 6:30pm**

**HOLDEN, St. Gregory the Great**

**Sunday October 23, 2016      Mass 9:00am**



**READINGS FOR NEXT SATURDAY/SUNDAY OCTOBER 23/24**

**1st Reading:** Sirach 35.15-17, 20-22  
**2nd Reading:** 2 Timothy 4.6-8, 16-18  
**Gospel:** Luke 18.9-14

**SACRAMENTAL EDUCATION PROGRAMS**

**FIRST RECONCILIATION**

If you have a child in Grade two or older and have not registered him/her for lessons, please contact the parish office at 780-632-3272. Scheduled dates are :

- Wednesday November 2, 2016      7:00pm Organizational Meeting
- Wednesday November 16, 2016,    7:00pm Meeting
- Wednesday November 23, 2016,    7:00pm Meeting
- Wednesday November 30, 2016,    7:00pm Meeting

**RITE OF CHRISTIAN INITIATION ADAPTED FOR CHILDREN (RCIA)**

For Children in grade 2 or higher, who have not yet been baptized, please contact the parish Office to register.

**RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)**

For all adults, who are interested in joining the Catholic Church please contact the parish office for information about registering.

**WELCOME FATHER LUAN VU**



The parish of St. Martin of Tours is holding a Pot Luck party to welcome Father Luan Vu to our parish on Sunday **October 23, 2016** after the 11:15am mass. Please come and join in feast and fellowship and get to know our new parish Priest.

**ALTAR SERVERS**

Fr. Vu is asking for more youth altar servers. You must have received your First Holy Communion to become and altar server. Please contact the parish office at 780-632-3272 or see Father Vu.

**DEVOTIONAL ACTIVITIES**

**The Rosary**

- 1st Monday of the Month      6:15pm Vegreville St. Michael's Manor
- 2nd Monday of the Month      6:00pm Vegreville Heritage House
- 4th Monday of the Month      6:30pm Mundare Fr. Filas Manor
- 1st Tuesday of the Month      11:15am Vegreville Care Centre
- Every Wednesday              1:00pm Mundare Fr. Filas Manor
- Every Thursday                 6:00pm Mundare Mary Immaculate CC

